ABILITIES CENTRE COURT ACTIVITY 2018 SCHEDULE

Week of February 5 - February 11

Abilities Centre reserves the right to change/adjust the court schedule at any time without notice

	MONDAY 5			TUESDAY 6			WEDNESDAY 7			THURSDAY 8			FRIDAY 9			SATURDAY 10			SUNDAY 11		
	Court 1	Court 2	Court 3	Court 1	Court 2	Court 3	Court 1	Court 2	Court 3	Court 1	Court 2	Court 3	Court 1	Court 2	Court 3	Court 1	Court 2	Court 3	Court 1	Court 2	Court 3
8AM																					
9AM					THRIVE				Strength & Stretch		THRIVE							HIIT	Pre-school & Child Sports & Games		Body Sculpt
10AM	Preschool Programming		Dance Fit			Pump It	Preschool Programming	THRIVE	Body Sculpt			20/20/20	Preschool Programming		Body Sculpt			Zumba			
11AM		THRIVE	Strength & Stretch	RM/CM		ASAD		THRIVE	Strength & Stretch	RM/CM	Field Trip	ASAD	RM/CM	THRIVE			Rugby Ontario - Combine			Rugby Ontario - Combine	
12PM				TIME			TIME			TIME			TIME								
1PM					THRIVE		THRIVE							THRIVE							Family Badminton
2PM			Pickleball ($)	TIME		ASAD			Pickleball ($)	TIME		ASAD			Pickleball ($)						
3PM		THRIVE									THRIVE								OBA		
4PM									ASAD					ASAD							
5PM	Grandview Boccia Program	OCPSA - Boccia Bratz	ASAD							IFP			ASAD		Family Badminton			STEAMS Youth Badminton			
6PM					Child Sports and Games	Body Sculpt	ASC Sports Night	Grandview Sports Night	Child Sports & Games 1/2 Court 20/20/20		Child Sports & Games	Pump It	Durham Region Soccer								
7PM	Pre-school & Child Sports & Games		HITT			Zumba Dance Party				OBA											
8PM			Zumba Dance Party											Chad Larabie 1/2 Court		CLOSED			CLOSED		
9PM			OBA	Basketball																	
10PM	CLOSED			CLOSED			CLOSED			CLOSED			CLOSED								