



Volunteer Position: **Program Assistant – Thrive**
Department: Arts & Life Skills
Assignment: Monday, Wednesday, Friday
Start Date: Week of September, 15th 2014 (ongoing weekly)
Time: 8:30am-4:30pm

Summary:

If you are ready to support an organization that contributes to the Durham community, then this is the volunteer opportunity for you.

Abilities Centre is a 125,000 square foot, state-of-the-art facility that delivers sports, fitness, arts, research, education and life skills opportunities for people of all ages and abilities. Located in Whitby, just east of Toronto off Hwy 401 and next to the Whitby GO Station, we are fully accessible and easy to reach by car or public transit.

Since opening its doors in June 2012, Abilities Centre has fused barrier-free navigation and access with inclusive and innovative programs to become an International Centre of Excellence serving local, national, and international communities.

Reporting to the Manager of Arts & Inclusionary Programs, Thrive is an adult day program for individuals with disabilities aged 21+. This program provides the opportunity for participants to spend the day engaged in meaningful, integrated programming in the areas of sports & fitness, life skills and recreation. The focus of Thrive is to improve the health, well-being, community access and independence of participants through a variety of activities.

Main duties:

- Assist program facilitator with Thrive adult day program
- Supervise and engage participants
- Assist with set-up, clean-up, programming and program prep

Qualifications:

- Interest/previous experience working with adults with disabilities
- Suitable placement for students in Developmental Services, Social Worker, Nursing, Recreation & Leisure, Therapeutic Recreation, Personal Support Worker, Fitness & Health Promotion

Deadline: September 8th, 2014

For immediate and confidential consideration, please email your cover letter and resume to dfrendo-jones@abilitiescentre.org, citing volunteer position title in the subject line of your response.

Thanks for your interest in helping us build a place where people of all ages and abilities can get active, social and creative!