



DURHAM DANCE FOR PARKINSON'S

FREE COMMUNITY EVENT

DANCE: MORE THAN THERAPY

MARCH 26, 2018 | 9:30AM - 1:00PM

ABILITIES CENTRE | 55 GORDON STREET, WHITBY

9:30 AM

Arrival, Welcome, Introductions

10:00 AM

"Capturing Grace" Film

11:00 AM

Participatory Class: Rhythm & Mobility

12:00 PM

*Light Lunch & Guest Speaker:
Sarah Robichaud, Founder of Dancing with Parkinson's Canada*

12:45 PM

Discussion & Final Comments

